

PARENTING TEAM – VIRTUAL GROUPS

To book onto any of these please email your name and the title of the group you wish to attend to info@openforparents.org.uk or phone 01424 725800.

Positive Parenting Group (2-12 Years)

This 6 week group teaches parents a range of strategies to use that help to support, develop and managing problem behaviour in children. It identifies causes of behaviour, parent traps and helps parent to set goals and plan for high risk situations.

Starts Thursday 25th February 10:00 – 12:00pm

Positive Parenting Group TEEN (10+ Years)

All parents raising teenagers need support at times and joining this 6 week group can significantly reduce family stress. Key learning points will be encouraging appropriate behaviour, managing problem behaviour and how to deal with risky behaviour.

Starts Tuesday 23rd February 10:00 – 12:00pm

Positive Parenting Group Stepping Stones (Children with additional needs 2-12 Years)

The pressure of raising a child with additional needs can put a strain on family life. Come and meet other parents experiencing similar situations and learn simple strategies that can make life at home a little easier for everyone! This 6 week group is for parents and carers who want help with their child's development or behaviour problems.

Starts Wednesday 24th February 10:00 – 12:00pm

Evening Inclusive Positive Parenting Group (2 – 10 Years children with or without additional needs)

Starts Tuesday 2nd March 6:30 – 8:30pm