

Dear Parent / Guardian

Autograph Catering would like to advise you that on return from the summer holiday **the cost of student meals will increase from £2.10 to £2.20**. No increase was passed on in September 2018, when the meal price should have increased to £2.15, so this is in fact a catch up on the previous year as well.

The cost of individual items will also increase. This increase is driven by the annual inflation as well as an alignment of the prices with the other secondary schools in the contract where Autograph provides the catering. As a result, some pricing may go up and others may go down. Again, this is our first price increase since September 2017.

Autograph, as your school caterer, remains committed to ensuring that your child's school meal is value for money, healthy, well balanced and nutritious. Unfortunately, despite our best efforts to negate the impact of rising food costs we have found it necessary to increase our prices.

Our new tariff remains competitive with other schools and will allow Autograph Catering to deliver a value for money, quality food service that your child will enjoy. Our new tariff will be available in a handy pocket guide and displayed on posters around the school.

If you have any queries regarding our food offer or your child's special dietary needs, please do not hesitate to contact the Academy's student services team who will be only too happy to discuss this with you.

In addition to this there are some changes at St Leonards to the morning Breakfast Programme and to the way that we are supporting healthy lifestyles.

First, the St Leonards Academy is proud to be a 'National School Breakfast Programme' School. We are happy to offer a healthy 'magic breakfast' to all our pupils and we would welcome your child to join us for a great start to the day. **Our breakfast starts at 8:00am in the canteen. We offer free cereals and/or bagels to all students.** There is also a range of other healthy food and drink available for purchase.

Secondly, we constantly seek to promote a healthy lifestyles in our students to help them engage with their full curriculum. There is significant research that shows that the refined sugar found in most fizzy drinks contributes significantly to childhood obesity. What's more, there is also detailed research that shows that the caffeine found in most energy drinks has a detrimental effect on young people, resulting in hyperactive behaviour and poor concentration. As such, **fizzy drinks and energy drinks are not allowed on the Academy site. Any student found to be in possession of such beverages will have them confiscated and not returned.**

If you would like further information about the free breakfast, please do not hesitate to contact the Academy's student services team.

Regards,

Mr James Michie (Vice Principal);

Danny Bodewes (Regional Operation Manager, Autograph Catering).